



FAMILY SUPPORT SERVICES

Support Groups

Facilitated groups for individuals and families struggling with behavioral health concerns. Groups aim to promote better connection with loved ones, acquiring essential self-help techniques, and building self-esteem with the support of peers.

Peer Support Services

Short, drop-in sessions where an individual can be listened to non-judgmentally. Family peer support can support you and your loved ones in every stage of life.

Educational Workshops

Quarterly workshops on Self-Care and Substance Use Disorder.

Support with Access to Local Resources.

All services are at no cost and are intended for individuals and families struggling with mental or behavioral health concerns. Services are offered year-round in English and Mandarin.

Join Our Support Groups (In-Person):

For Adults (Mandarin): 10/8, 12/10, 2/11, 4/8, & 6/10 from 2:30 P.M. to 4:00P.M.

For Youth (English): 10/12, 12/14, 2/8, 4/12, & 6/14 from 10 A.M. - 12 P.M.

Scan QR Code
For More Info



Access Peer Support Services:

For All Ages: Monday-Friday from 10 A.M. - 4 P.M.,
by appointment.

Drop-ins welcome on Mondays from 2 P.M. - 4 P.M.

To register or for questions, please contact us at: michelle.kon@aascsc.org